

Indian Cauliflower & Chickpea Tray Bake



Ballarat Health Services

Ingredients

130g packet sweet
berry tomatoes
1 small cauliflower,
cut into large florets,
small leaves reserved
1/4 cup korma curry
paste
400g can chickpeas,
drained, rinsed
1 small red onion,
cut into thin wedges
1 lemon, cut into
wedges
1/2 cup plain Greek-
style yoghurt
Fresh coriander
leaves, to serve



Method

Step 1

Preheat oven to 200C/180C fan-forced. Grease a large baking tray with sides.

Step 2

Remove tomatoes from vine. Thickly slice cauliflower florets. Place korma curry paste in a large bowl. Add cauliflower, chickpeas and onion. Toss to combine. Transfer mixture to prepared tray. Season with salt and pepper. Add lemon wedges, tomatoes and reserved cauliflower leaves. Roast for 40 minutes or until cauliflower is tender and beginning to char.

Step 3

Dollop vegetables with yoghurt. Season with salt and pepper. Top with coriander leaves. Serve.

Celebrate
vegetables
this winter
with this
full of
flavour
bake

Source: www.taste.com.au